

# STRENGTHENING CONNECTIONS

44<sup>TH</sup> ANNUAL  
CONFERENCE

Ohio  
Children's  
Alliance

*Leading change for child  
and family service providers*

*Committed to Your Success.*

## Draft AGENDA

# System of Care Agenda



## MONDAY, AUGUST 31

- 8:30am **WELCOME:**  
**System of Care Coordination**
- 8:45-10:15am **Keynote Presentation: “Working with Children, Youth and Families with Complex Needs: Skills to Build Resilience”**  
**Michael Ungar Ph.D., Dalhousie University**  
*System of Care Coordination with OhioMHAS*
- 10:15am Morning Break
- 10:30—11:30am **Workshop Session: “Parent Peer Support and Resilience”**
- 11:30am Session Break
- 11:45am—12:45pm **Ohio Children’s Hospitals PANEL:**  
“Integrating Children’s Physical and Behavioral Health”
- 12:45pm Afternoon Break
- 1:00—2:00pm **Family and Children First PANEL:**  
“The Systems of Care Approach to Working with Families”

## TUESDAY, SEPTEMBER 1

- 8:45am **Welcome Presentation**
- 9:00—10:00am **Workshop Session: “Parent Peer Support and Resilience”**
- 10:00am Morning Break
- 10:15— 11:15am **Workshop Session: “Power and Influence: How Youth Voice and Youth Peer Support Can Be Resources for Your Agency”**
- 11:15am Session Break
- 11:30am—12:30pm **Workshop Session: “Mental Health and the Stigma Surrounding Mental Illness in the Black Community”**
- 12:30am Session Break
- 12:45—1:45pm **Workshop Session: “Leveraging Mobile Apps & Technology to Serve Multi-System Youth”**
- 1:45pm **System of Care Coordination Closing Remarks**

MONDAY, AUGUST 31

KEYNOTE PRESENTATION:

**Working with Children, Youth and Families with Complex Needs: Skills to Build Resilience ☘**

*With Michael Ungar, Ph.D., Canada Research Chair in Child, Family and Community Resilience*

This workshop will present a strengths-focused, resistance-proof model for clinical and community work that makes therapeutic interventions more effective and change more sustainable. It demonstrates 20 skills that mental health professionals and educators can use to nurture the resilience of those with whom they work. With ample case studies and fascinating explanations of research, Why do we need to work just as hard changing the environments that surround children as we do changing children themselves. Workshop participants will learn how to identify and enhance access to protective and promotive processes that exert a positive influence on young people's wellbeing. This model of intervention creatively combines clinical practice with aspects of case management and advocacy making it ideally suited to the needs of mental health professionals working in community mental health clinics, addictions treatment centers, correctional settings, schools, residential settings and home-based family support programs. The core principles of the approach, navigation and negotiation, can be integrated with other therapeutic models to effectively intervene with children, youth and their families. This workshop explores 20 practical techniques for clinical intervention and case planning while providing participants an opportunity to discuss the most challenging children, youth and families with whom they work.

2 3

**Michael Ungar, Ph.D.**, is a Family Therapist and Professor of Social Work at Dalhousie University where he holds the Canada Research Chair in Child, Family and Community Resilience.

Since 2002, Dr. Ungar has directed the Resilience Research Centre, designing multisite longitudinal research and evaluation projects in more than a dozen low, middle, and high-income countries, with much of that work focused on the resilience of marginalized children and families, and adult populations experiencing mental health challenges.

His studies have focused on the resilience of children and families involved with child welfare and mental health services, refugee and immigrant youth populations and community resilience, including resilience to violent extremism.

Dr. Ungar has published over 180 peer-reviewed articles and book chapters on the subject of resilience and is the author of 15 books for mental health professionals, researchers and lay audiences. These include *Change Your World: The Science of Resilience and the True Path to Success*, a book for adults experiencing stress at work and at home, *The Social Ecology of Resilience: A Handbook for Theory and Practice* for researchers, and *Working with Children and Youth with Complex Needs*, a book for clinicians. His blog, *Nurturing Resilience*, can be read on Psychology Today's website.

10:30-11:30 AM WORKSHOP SESSION:

**Parent Peer Support and Resilience Promotion ☘**

*With Marjorie Cook, Parent Peer Advocate, Greenleaf; Tamisha McKenzie, Parent Peer Support Training and Technical Assistance Coordinator, NAMI Ohio*

This workshop will present the importance of inclusion of parent peer support services in a complete system of care for youth and their families. Families of youth with complex multisystem needs benefit from the support of other parents who have lived through and successfully navigated system policies and barriers. A resiliency promotion approach created by youth and families will be shared. 1

11:45 AM—12:45 PM | Ohio Children's Hospitals PANEL:  
**Integrating Children's Physical and Behavioral Health ☘**

*With Panelists: Steven W. Jewell, MD, DLFAPA, Lois C. Orr, Endowed Chair, Division of Pediatric Psychiatry and Psychology; Lori J. Stark, PhD, ABPP, Director, Behavioral Medicine and Clinical Psychology; Kelly Blankenship, DO, Chief of Psychiatry, Dayton Children's Hospital*

This panel discussion will center around the integration of children's physical health and mental health. With the expansion of the behavioral health inpatient infrastructure around the state, panelists will discuss where and how the community behavioral health system is integrated, how families can navigate care between inpatient and outpatient care, how to release information and coordinate care between hospitals and community care settings, the relationship between State Psychiatric hospitals and public behavioral health inpatient units, ongoing treatment and assessments, how to facilitate warm hand-offs between the adult and child systems for transition aged youth, and more. 1 2 3



**Michael Ungar**  
Professor of Social  
Work, Dalhousie Uni-  
versity

Workshop Session focus:

☘ System of Care Coordination

Target audience:

2 3 **Intermediate/Advanced**—seeking to increase understanding, application, research

1 **Beginner**—basic information & application

inpatient and outpatient care, how to release information and coordinate care between hospitals and community care settings, the relationship between State Psychiatric hospitals and public behavioral health inpatient units, ongoing treatment and assessments, how to facilitate warm hand-offs between the adult and child systems for transition aged youth, and more. 1 2 3

## 1:00—2:00 PM | Family and Children First PANEL:

### The Systems of Care Approach to Working with Families ☼

*With Panelists: Megan Kimberlin, M.S., Wraparound Coordinator, Sandusky County Family and Children First Council; David Kontur, Director, Lucas County Family & Children First Council; Sharon George, Director, Seneca County Family & Children First Council*

Sarah LaTourette, Executive Director of Ohio Family Children First will facilitate a panel of representatives from Family and Children First Councils around Systems of Care and the effectiveness of wraparound and service coordination. Discussion will address how to serve children and families in a way that is family driven, community-based, builds on family strengths, and provides care and support that is individualized to the specific strengths and needs of each child and their family.. ①

## TUESDAY, SEPTEMBER 1

### 9:00—10:00 AM WORKSHOP SESSION

#### Juvenile Justice System Involving Youth With Problem Sexual Behaviors: Re-Entry, Family Reunification, and Supervision ☼

*With Vanessa K. Tower, LISW-S, CPM, Ohio Dept of Youth Services, Div of Facility Support; Sonya Wade, M.A.O.L., Juvenile Sex Offender Coordinator, ODYS, Div of Courts and Community*

Re-entry, family reunification, and supervision are elements that can be difficult yet are necessary when collaboratively working with youth who have engaged in sexually abusive behaviors and who are returning to the community and/or home. This workshop will focus on strategies for continued habilitation of youth, and family and community empowerment as the youth re-enters the community. Various risk factors will be identified, expectations of parental/caregiver safeguarding of survivors will be discussed, and community supervision strategies will be explored which can be used by juvenile parole officers, parents/caregivers, and other collaborative partners. ①

### 10:15—11:15 AM WORKSHOP SESSION

#### Power and Influence: How Youth Voice and Youth Peer Support can be Resources for Your Agency ☼

*With Angela Lariviere, YouthMOVE Ohio Director, NAMI Ohio*

This workshop will consist of a panel of youth leaders who will discuss the importance of youth voice within an agency and youth peer support. They will share their experiences as youth advocates including how they participate in program planning and policy. Participants will also learn about Certified Youth Peer Supporters, Ohio's Certification Process and how to effectively incorporate Peer Supporters in their programs. They will also give tips on how to support, train, and utilize youth leaders in your agency. ①

### 11:30 AM—12:30 PM WORKSHOP SESSION

#### Mental Health and The Stigma Surrounding Mental Illness in The Black Community ♦ ☼

*With Ivey Gardner, MSW, LSW, HONOR WITH CLASS*

This workshop identifies the meaning of the word stigma and mental health and how it effects the black community perspective when facing mental illness in their community. This workshop helps social service providers gain more understanding on how to effectively work with the black community when pertaining to mental health and mental illness. This workshop helps the black community to understand their own barriers to treatment and give insight on how the community and providers can effectively work with the black community to improve their mental health needs. ② ③

### 12:45—1:45 PM WORKSHOP SESSION

#### Leveraging Mobile Apps and Technology to Serve Multi-system Youth ☼

*With J. Steven Osborne, CEO, SchoolApps USA*

How2Life is a mobile app that has been designed to provide education, access to resources/care, and encouragement to teens who may face or have struggled with various challenges due to their specific situation. The app contains content and resources addressing mental well-being, substance abuse, bullying, and life skills among others. How2Life has been developed with input from various state agencies, care providers, and most importantly, youth themselves. This session will explore the critical success factors of mobile apps, how they can be leveraged by agencies and service providers, and how to measure their effectiveness. ①

# 44th Annual Conference Agenda

## TUESDAY, OCTOBER 6

- 1:00pm** Welcome Presentation
- 1:15—2:30pm Breakout Workshops | Session One
- 2:30pm Visit virtual Exhibit Hall
- 2:45—4:00pm Breakout Workshops | Session Two
- 4:00pm Visit virtual Exhibit Hall
- 4:15—5:15pm Networking

## WEDNESDAY, OCTOBER 7

- 8:00—8:45am Coffee and Yoga
- 8:45am Visit virtual Exhibit Hall
- 9:00am** Welcome and Champion for Children Award Presentation
- 9:15—10:00am** Keynote Presentation | Paolo DeMaria  
*Ohio's Superintendent of Public Instruction*
- 10:00am Morning Break
- 10:15—11:30am Breakout Workshops | Session Three
- 11:30am Visit virtual Exhibit Hall
- 11:45am—1:00pm Breakout Workshops | Session Four
- 1:00—1:30pm Networking

## THURSDAY, OCTOBER 8

- 8:00—8:45am Coffee and Yoga
- 8:45am Visit virtual Exhibit Hall
- 9:00am** Welcome Presentation
- 9:15—10:00am** Keynote Presentation | John Husted  
*66th Lt. Governor, State of Ohio*
- 10:00am Morning Break
- 10:15—11:30am Breakout Workshops | Session Five
- 11:30am Visit virtual Exhibit Hall
- 11:45-1:00pm Breakout Workshops | Session Six
- 1:00pm Closing Remarks | Door Prizes-Raffle

# Featured Keynote Speakers



**Paolo DeMaria**

Ohio Superintendent of  
Public Instruction,  
Dept. of Education

Paolo DeMaria is Ohio's Superintendent of Public Instruction, a role in which he supports Ohio's 3,600 public schools and 1.7 million students.

During his three years in this role, Mr. DeMaria's proudest accomplishment is the collaborative development of *Each Child, Our Future*, Ohio's strategic plan for education. He is committed to the role that education plays in meeting the needs of the whole child to accomplish the plan's vision: Each child is challenged to discover and learn, prepared to pursue a fulfilling post-high school path and empowered to become a resilient, lifelong learner who contributes to society. He celebrates the importance and service of teachers and values equity, school leadership, effective instructional practices, continuous improvement, data analysis and broad partnerships.

Mr. DeMaria has focused on education policy and improvement during most of his 28 years of public service. His career has included service as the Senior Fiscal Analyst of the Ohio Senate, Director of Ohio's Office of Budget and Management, Chief Policy Advisor to former Ohio Gov. Bob Taft and Executive Vice Chancellor of the Ohio Department of Higher Education. He previously worked for the Ohio Department of Education as Associate Superintendent of the Center for School Options and Finance. Prior to becoming State Superintendent, he was Principal Consultant with Education First Consulting.



**Jon Husted**

66th Lt. Governor, State  
of Ohio

Jon Husted was inaugurated Ohio's 66th Lt. Governor on January 14, 2019 alongside Governor Mike DeWine. He is the founder and first Director of *InnovateOhio*. Throughout his time in elected office, Jon has consistently demonstrated his ability to get things done and have a positive impact on Ohio and its residents.

Lt. Governor Husted's vision for *InnovateOhio* is to look at every state service through the eyes of Ohio citizens and businesses and create a culture of innovation in state government by using technology to improve people's lives, transform services, and ultimately, save money for taxpayers.

When he took office as Secretary of State in 2011, Husted championed changes through improving the process for starting a new business in Ohio by supplementing the all-paper process with an easily accessible online portal. He also spearheaded the implementation of online voter registration.

By using technology, Jon improved services and significantly reduced costs, sharing that success with Ohio job creators by cutting the cost of registering a company by 21%. Ohio became the lowest cost state in the Midwest for entrepreneurs to start and maintain a business. Husted left the office's finances in the black at the end of his term while also offering \$10 million of his remaining surplus back to the state treasury to be reinvested.

Lt. Governor Husted also serves as Director of the Governor's Office of Workforce Transformation and oversees Ohio's Common Sense Initiative (CSI).

# Tuesday, October 6

## Breakout Workshop Session One

1:15PM—2:30PM

### TIC: COVID-19 & Provider Resilience ❖

*With Bobbi L Beale, PsyD, Senior Trainer & Consultant, Center for Innovative Practices, CWRU*

During the COVID-19 crisis, healthcare and behavioral healthcare providers have had to make fundamental adjustments to how their services are delivered to youth and families. Prior to the pandemic, Secondary Traumatic Stress (STS), the presence of PTSD symptoms due to the exposure to other people's traumatic experience, was arguably the biggest threat to the well-being of our workforce. After a quick review of Trauma Informed Care, we'll define STS and other related terms and conditions. We'll learn how to increase our own resiliency by tapping into the positive experience of compassion satisfaction and meaningful connections. Throughout the entire session, we'll identify and rehearse strategies to build worker resiliency, increase self-care and address STS. Join us as we discuss the impact of COVID-19, along with the resilience-oriented services and supports that will see us all through to the other side. ①

### Organizational Competencies & Best Practices For Succeeding With Managed Care ■

*With Ken Carr, Sr. Associate, OPEN MINDS*

In an evolving managed care marketplace new payer service delivery requirements and expectations are changing the way community mental health provider organizations deliver traditional mental health services. The partnership between payer and provider has resulted in the alignment of shared goals for timely access to treatment and services, client care coordination, targeted client outcomes, strategic market planning and outreach; and intake and admissions processes. To be successful in this environment, provider organizations must be managed care ready and positioned as a "preferred provider" in this competitive market. You will learn both organizational and technical competencies needed to operate in a managed care environment. ② ③

### Working with the Homeless – A Model for Systematic Change ⌘

*With Mark Welty, Ph.D., LPCC-S, LSW, Wellmore Centre*

Individuals who find themselves as residents in a homeless shelter represent a diverse group but a group who also share some things in common. Mental illness and substance use disorders are common among those who are homeless but these issues are often left unaddressed due to issues with effective client engagement as well as service gaps that exist within our system of care. This one-hour workshop will provide an overview of a model that is being successfully implemented through effective community partnerships in Tuscarawas County. The clinical service model and population challenges will be discussed as well as the positive impact that this type of a program may provide to agency budgets. ② ③

# Tuesday, October 6

## Breakout Workshop Session Two

2:45PM—4:00PM

Breakout Workshop Session focus:

- ◆ **Advocacy and Public Policy**
- **Best Practices and Innovative Approaches in Behavioral Health and Child and Family Services**
- **Best Practices in Management and Leadership**
- ❖ **Advancement in Trauma Informed Care**
- ❖ **Clinical Interventions and Behavior Management Strategies**
- ⌘ **System of Care Coordination**

Target audience:

- ② ③ **Intermediate/Advanced**—seeking to increase understanding, application, research
- ① **Beginner**—basic information & application

### All Kids Deserve to Be Safe and Supported: LGBTQ Cultural Competency Primer ◆ ●

*With Key Beck, LGBTQ Training Specialist, B.A. French, M.A. Anthropology; Michelle Polek, LGBTQ Training Coordinator, B.A., Social Thought and Political Economy; B.A., Women, Gender, Sexuality Studies ~ Lighthouse Youth & Family Services*

In this interactive, evidence-based training participants will enjoy a nonjudgmental and supportive learning environment, where presenters will begin the presentation with an activity to help attendees explore their personal values surrounding LGBTQ identities and learn the importance of balancing personal and professional values. Next, they will increase their competency in discussing SOGI (sexual orientation and gender identity) by being introduced to pertinent vocabulary, useful SOGI frameworks (the Gender Unicorn), and key LGBTQ concepts. Finally, participants will have the opportunity to practice identifying affirmative interventions, diversify their approach to the work using innovative strategies (i.e.: Intersectional Approach/ Youth-Centered Approach/ Trauma-informed Approach), and crowd-source potential barriers and solutions that clients may face. ①

## Getting Ahead of Lead: Strategies for Protecting Children in Care ♦

*With Gabriella Celeste, Policy Director, Co-Director Childhood Studies Program, Adjunct Asst. Professor, Schubert Center for Child Studies, Co-Chair, Ohio Lead Free Kids Coalition; Jacqueline Fox, CEO, West Ohio Community Action Partnership, Member, Ohio Lead Free Kids Coalition.*

This workshop will focus on introducing child welfare and behavioral health workers, including foster parents and other providers, to the basics of childhood lead poisoning in order to better meet the needs of children and young people they serve. In addition to a general lead poisoning 101 overview, the presentation will address primary sources of lead exposure, identifying lead hazards, creating lead safe spaces for children and supportive services for children who are lead-exposed. Presenters are part of the Ohio Lead Free Kids Coalition and will present information about the coalition and highlights of the “Ohio Action Plan for Lead Free Children.” 1

## Creating a Kin Culture Across a Large Organization ●

*With Vickie Thompson-Sandy, President and Chief Executive Officer; Kimberly Miller, MPA Vice President of Programs and Strategy; The Buckeye Ranch*

In this session, we will examine the benefits of youth remaining in kinship care. The Buckeye Ranch is a large multi-program organization continually trying to improve best practices for the youth and families in our communities. Kinship care is an area in which agencies need to understand the benefits to families on a long-term basis. We will discuss how The Buckeye Ranch is moving towards a kin culture in all programs including child welfare, residential, foster care and community-based. 2 3

# Wednesday, October 7

## Breakout Workshop Session Three

10:15AM—11:30AM

## Building Resilience Through Partnerships: A Cross Systems Approach ❖

*With Sarah Buffie, MSW, Soul Bird Consulting; Kimi Remenyi, Behavior Support Supervisor and Human Rights Committee Chairperson, Hamilton County DD Services; Lori Watkins, Director, Behavioral Health Services, Clermont County Board of DD*

This session will highlight the absolute importance of working together, within our communities, to help heal youth survivors of trauma and enrich their lived experiences in the future. It will emphasize the fact that a cross systems approach is the critical component that results in successful goal achievement. Drawing on the idea of a community of care, this session will demonstrate that each system serves a purpose that is valuable and worthy. The presenters will discuss the Resilience Model, which embodies these concepts; this includes a discussion about how trauma resolution is deeply personal and based on the individuals and team’s path to recovery. The purpose of the Resilience Model is to help children and young adults ages 8-24 who have experienced adverse childhood experiences. The Resilience Model includes partnerships amongst local and statewide agencies in conjunction with partnerships with biological and foster families. These partnerships provide the survivor and their caregivers the support they need to get strong, stay strong, and live their best lives. Participants will leave with an understanding that successful supports are the result of systems that are supportive of one another as well.

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## What You Always Wanted to Know About Accreditation but Were Afraid to Ask – Lessons from the Field ■

*With Jennifer Flowers, Founder and CEO, Accreditation Guru, Inc.*

During this training session numerous real-life examples will be shared about how organizations have successfully and not-so-successfully prepared to become nationally accredited. Illustrative cases have been compiled from accreditation surveyors, consultants and accrediting bodies of what they have seen in the field – experiences they have had and horror stories they have seen. All of this will help participants to avoid potential pitfalls when heading down the road to (re)accreditation and preparing for an accreditation survey. Examples will be shared from both the child welfare and behavioral health fields and participants will be able to ask their own questions. 2 3

## Calling Recently Appointed and Aspiring CEOs: Lessons Learned from Seasoned Veterans ■

*With Jim Mason, President & CEO, Beech Acres Parenting Center; Rich Graziano, President & CEO, The Village Network, Deb Rex, Retired President & CEO, Beech Brook*

This interactive workshop blends a combination of lessons learned (including painful ones!) from 3 experienced CEOs on typical challenges we all face in the role, with opportunities for personal reflection by participants, and group discussion on common themes. The aim is that you will walk away with some specific next steps to address issues most on your mind. 2 3

# Wednesday, October 7

## Breakout Workshop Session Four

11:45AM—1:00PM

### **Strengthening the Understanding of Healthy Mental, Emotional and Behavioral Development in Children and Youth: An overview of the 2019 National Academies of Sciences consensus report** ♦ ● ☞

*With Grace Kolliesuah, MSW, OhioMHAS*

The National Academies of Sciences, Engineering and Medicines 2019 report, “Fostering Healthy Mental, Emotional, and Behavioral Development in Children and Youth”: A National Agenda provides new research on expanded spectrum of opportunities to integrate understanding of influences on mental, emotional and behavioral health. This is a comprehensive agenda to improve MEB health in children and youth within families, communities and the environment at large. This session will include discussion of the report that put forth a set of policy and research recommendations to help guide this agenda. ② ③

### **Measuring Trauma-Informed Care Across Sectors** ❖

*With Patricia Wilcox, LCSW; Vice President Strategic Development, Klingberg Family Center*

Many agencies claim to be trauma-informed, but there is no agreement about what that actually means. How do you know if your staff are trauma-informed -- how do you measure it? A significant roadblock to this goal is a lack of reliable and valid tools that evaluate TIC. This presentation will review the state of measurement in the TIC field, including several instruments. It will introduce the Attitudes Related to Trauma Informed Care instrument, (ARTIC) one of the first empirically validated measures. The ARTIC is administered on-line and generates reports about staff beliefs. Multiple administrations can demonstrate progress in changing a program's culture. It has been used by many agencies throughout the country and internationally. ② ③

### **30 Days to Family<sup>®</sup> Family Search and Engagement** ● ☞

*With Lorie Bricker, 30 Days to Family<sup>®</sup> Coach*

This workshop will take participants through the exciting implementation of 30 Days to Family<sup>®</sup> Ohio. 30 Days to Family<sup>®</sup> is an intense short-term intervention developed by the Foster & Adoptive Care Coalition that features two major elements: family finding and family support interventions. Participants will get to hear insights on the program's unique attributes including: finding an average of 150 relatives on cases, using GenoPro (a genogram program), and the RoadMap to Family tool. We will cover the roles and goals, success stories, and implementation barriers. Participants will get to ask questions about implementation across Ohio, challenges to the work, the program's evaluation and expected outcomes. ①

# Thursday, October 8

## Breakout Workshop Session Five

10:15AM—11:30AM

### **Family First Prevention Services Act Planning in Ohio** ♦

*With Crystal Williams, Family First Prevention Services Act Project Manager, Ohio Dept of Job and Family Services; Lakeisha Hilton, Assistant Deputy Director; Colleen Tucker, Bureau Chief for Foster Care Licensing; Susan Williams, Bureau Chief for Multi-System Services and Supports*

Where is Ohio with Family First Act planning? This session will include a panel that will give a brief overview of the provisions of the act, discuss the road map that has been developed by a large group of cross-system partners to ensure decisions are made timely and take into account stakeholder needs, and talk about next steps moving toward implementation. ①

### **Best Practices in Marketing, Negotiating, and Contracting with Health Plans** ● ■

*With Paul Duck, JD, Senior Associate, OPEN MINDS*

Across the country, managed care organizations are successfully delivering treatment services to large populations and doing it in a way that saves states significant sums of money. These demonstrated savings show that value-based reimbursement and managed care arrangements aren't going anywhere, which means that executives of provider organizations must find a way to position themselves to work closely with managed care

companies. How? By developing relationships with the payers in your market, considering what metrics they are tied to and how you can help them to meet their performance requirements, discussing how you can align programs and services with the goals of the payers and health plans in your market, and providing data that proves your service lines can achieve both high quality outcomes and lower costs. 2 3

## Connecting Across Difference in Child Welfare: A Family Panel ●

With Dot Erickson-Anderson, LSW, Administrator, Ohio Family Care Association; Megan Garbe, Adoptive Parent; Bobbi Pedersen, Foster Parent; Georgetta Lake, Kinship Parent; Karen Ezirim, Primary Parent

Many approaches to serving families and children separate the various families who are connected to the children. It is best practice - and innovative - to connect those families. The OFCA leadership team made up of an adoptive, foster, kinship & primary parent will focus on the challenges and solutions they have found in connecting as family members serving a child in care. The team will discuss with participants how to encourage the development of shared parenting roles among family members. 2 3

# Thursday, October 8

## Breakout Workshop Session Six

11:45AM—1:00PM

## Technology Planning For Integrated Care & Value-Based Reimbursement ● ■

With Raymond Wolf, JD, Senior Associate, OPEN MINDS

Technology is a critical component to provide value-based care. Leaders face concerns about affordability and required resources. In this session we will explore building a plan that helps executives make choices with confidence, manage them financially, and overcoming VBR's most challenging task, the development of a technology enabled service system that can optimize results. 2 3

## Watch Me Rise: Integrating Peer Supports and Care Coordination in Services for Homeless Youth with a Child Welfare History ● ✂

With Robin Lindquist-Grantz, PhD, LISW-S, Senior Research Associate, University of Cincinnati Institute for Policy Research; Rebecca Dickerscheid, LISW-S, Intensive Services Director, Lighthouse Youth & Family Services; Kimberly Downing, PhD, Co-Director, Institute for Policy Research, University of Cincinnati

Youth who have a child welfare history are at high risk of homelessness, as their transition to adulthood often includes unstable housing and limited supportive connections. Participants will learn about the Watch Me Rise (WMR) intervention and how High Fidelity Wraparound was implemented with homeless young adults (ages 18-24) with a child welfare history in order to prevent recurring homelessness. WMR was developed by Lighthouse Youth and Family Services over six years through two competitive grant cycles sponsored by the Administration for Children and Families—Children's Bureau in order to reduce homelessness among youth involved in child welfare. Lighthouse has been recognized for their innovative use of a youth peer supports in the delivery of care coordination as a key component of the intervention. The workshop presenters will discuss how the care coordinator and peer support roles were integrated throughout service delivery and share key findings from the comprehensive evaluation of WMR. Using this information, participants will be divided into small groups and participate in activities that help them think through how to incorporate a youth support advocate role within their own organization. 1

## The Impact of Caring: Secondary Trauma and Resiliency Strategies for Professionals ❖

With Kamilah Twymon, LPCC-S, MBA, Clinical Coordinator of School Based Services and Community Partnerships; Emily Getschman, LISW-S, BH School Based Supervisor; Nationwide Children's Hospital

This presentation provides an overview of Secondary Trauma, Vicarious Trauma, Compassion Fatigue, and Burnout. The concept of mirror neurons and symptoms related to the impact of caring will be reviewed. Additionally, the presentation will introduce individual and organization strategies to reduce risks related to the Secondary Trauma and the related dynamics. Balancing self-care and being a champion for children is often difficult for helping professionals. The presenters will share practical suggestions and also utilize case summaries as an opportunity to practice conceptualization and application. 1

### Breakout Workshop Session focus:

- ◆ Advocacy and Public Policy
- Best Practices and Innovative Approaches in Behavioral Health and Child and Family Services
- Best Practices in Management and Leadership
- ❖ Advancement in Trauma Informed Care
- ❖ Clinical Interventions and Behavior Management Strategies
- ✂ System of Care Coordination

### Target audience:

- 2 3 **Intermediate/Advanced**—seeking to increase understanding, application, research
- 1 **Beginner**—basic information & application